

unity
in the uk

Visit our website



JOINING HANDS
and hearts

a spiritual way of living

Being Together

May 2024

Dear Friend,

As we move into May and the days get warmer and longer, we are encouraged out of the comfort and safety of our homes, to interact more with the world around us.

How wonderful this season of spring is for our mental, physical and emotional health. Can I encourage you to move out of your homes and join us in person at some of our Unity events?

When I first came to Unity in 2002, we only ever met in person – there was no such thing as Zoom and online meetings. Looking back, I am deeply grateful for the opportunities we had to meet together at Unity House in Maidenhead for our services and study classes and for the other Unity centres and groups around the UK; for the four retreats held each year and that I was able to go to Unity Village in the US and study there. I formed many friendships this way and felt the support offered, not just by the Unity teachings, but also from the people who made up Unity. How very important this was.

Today, I highly value these friendships and the people who continue to encourage and support me, just as I do my best to support and encourage others on this path...

[Continue reading on our website ..](#)

Rev. Kimerie Mapletoft

Director of Silent Unity and Daily Word UK



Connect with us on social media



Association of Unity Leaders and Ministries UK present:

Celebration Day

Saturday 27th July, 12.30pm-5pm

Unitarian New Meeting Church, 31 Ryland Street, Birmingham,
B16 8BL

Sustained Hope and Faith: A Centennial Celebration of Daily Word

This year Daily Word celebrates one hundred years of messages that have encouraged, supported, comforted and uplifted many hundreds of thousands of readers around the world. Today the messages continue to sustain, bless and enrich our lives.

Are you a Daily Word reader, blessed by the messages of support? Would you like to meet other readers? People on a spiritual path who look to the power of God within, enabling us to make a positive difference in the world.

Perhaps you are new to Daily Word and wonder what Unity is about?

Either way, come along and meet us this summer.

The Association of Unity Leaders and Ministries invite you to our

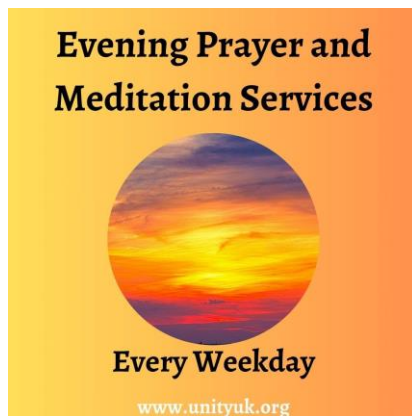
Celebration Day

“Sustained Hope and Faith:

*A Centennial Celebration
of Daily Word.”*

Mark the date in your calendar and meet your Unity Friends and Family in person or online.

[Click to book your place and for more information](#)

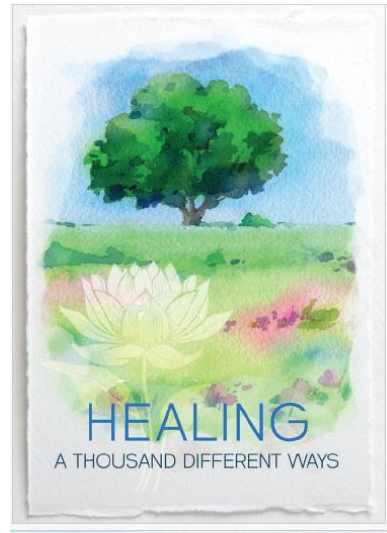


Evening prayer and meditation meetings every weekday

Mondays - 5pm
Tuesdays - 6pm
Wednesdays - 5pm
Thursdays - 8.30pm
Fridays - 5pm

Join us at the end of the working day in quiet prayer and reflection with your Daily Word and Unity family.

[Click through for more details.](#)



Healing: A Thousand Different Ways Booklet

£2.95 each

Healing takes unlimited forms and covers the breadth of human experience. Every prayer is essentially a prayer for healing.

In this booklet read the discoveries of Unity ministers and writers who have experienced healing a thousand different ways—physical, emotional, psychological, healing from addiction, healing finances, even finding healing through music and laughter.

Each article includes a practice or spiritual tool you can use on your own healing journey.

Order your copy today!

Unity Centre Maidenhead

Sunday 19th May

Unity Sunday Gathering
Prayer and meditation meeting
2pm- 2.30pm
Led by Angus Irons

Followed by Sunday Service:

"The Simple Life"
From 3pm
Led by Nancy Sandoval, Unity Teacher

Talk by Steve Gough

"So what REALLY Happens in the Gospel?"
Of course we all know what Jesus said and did as told in the four gospels. It has been studied exhaustively over the centuries. But I want to take a look at what actually happens, day by day, as told in these four ancient stories, and how events unfold not the stuff we all know about, and what has been pored over by scholars ... but some of the very simple but telling things that we might miss.

Join us for a time of prayer, meditation, music and fellowship.



Highlights from the April Service
- A talk on gratitude

Join the service on zoom

June Retreat

Unity describes itself as Practical Christianity, using a metaphysical and mystical approach to help us have a closer walk with God.

So what does this mean exactly?

Practical Christianity is about exploring the teachings of Jesus and applying the wisdom and love shared in our own lives. This enables us to know ourselves as spiritual beings as well as human beings, just as Jesus knew for himself.

Jesus walked among those who had no support, who were not welcome in their society. His messages are profound and as meaningful today as they were over 2000 years ago.

In our June retreat we will explore some of these messages together to see how we can make them real for us, today.

This is our closer walk with God.



**“A Closer Walk with God:
Following the Teachings of Jesus”**

**Thursday 20th - Saturday 22nd June 2024,
Whalley Abbey Retreat centre, Whalley, Lancashire**

**£269 per person
in single and twin ensuite rooms**

£50 deposit to reserve your place

Only two rooms left!

Join us and experience being together in the special place that is Whalley Abbey, feeding body, mind and soul.

[Read more and book your place](#)

September Retreat

**“A Return to Wholeness”
The Keys to Spiritual Healing**

**Friday 27th - Sunday 29 September 2024,
Kairos Retreat Centre, SW London**

**£239 per person
in single and twin ensuite rooms**

£50 deposit to reserve your place



Unity was founded on spiritual principles of healing. Using the power of prayer and affirmations, in connection with our faith, we can realign with our wholeness and health.

As with all retreats, the price includes accommodation for the weekend, all teachings and sessions run by the team, meals, and tea and coffee breaks for the weekend.

We look forward to welcoming you on this special retreat

[Read more and book your place](#)

Request Prayer

Silent Unity UK is part of Unity's international prayer ministry, dedicated to joining you in confidential and affirmative prayer. You can call, email, or send us a letter.

If you or a loved one have experienced anything that is causing you concern, or you would simply like to connect in prayer, we are here to pray with you. Together we recognise our oneness with God in the midst, guiding and healing always.

[Request Prayer](#)



**Listen to the
Silent Unity Prayer Service for May 2024**

Request Prayer

Call: 01628 628916

Write: Unity, 10 Lake End Court, Taplow Road, Taplow, Maidenhead, Berkshire. SL6 0JQ

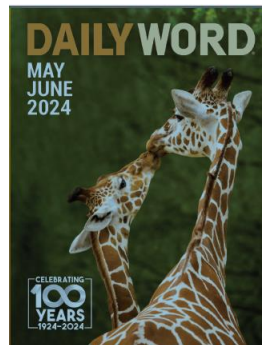
[Email](#)

[Join us online via Zoom for our prayer and meditation meetings:](#)

Monday - Saturday 9-9.25 am and Sunday (and bank holidays) 10-10.25 am for Daily Word and prayer.

Monday - Friday 12-12.30 pm using the Silent Unity Monthly Prayer Service

[Check out our free prayer resources](#)



Daily Word - Wednesday 1st May 2024

Cheerful

"Secure in my divinity I am full of cheer "

It's easy to feel light and optimistic when the circumstances of my life are the way I want them to be. When my relationships are harmonious and I feel healthy and prosperous, I feel I am in the flow of life and everything is right in the world.

When life feels harder and I struggle, I remember I am a divine being abundantly blessed with spiritual gifts. This helps me keep my troubles in perspective.

I meet challenges with the calm assurance that the presence of God is within and all around me. Knowing God is greater than anything in the world gives me a peaceful mind and a cheerful heart. I feel secure and joyous every time I remember God and I are one.

O taste and see that the Lord is good; happy are those who take refuge in him

–Psalm 34:8

[Find out more about Daily Word and subscribe here](#)

The Kingfisher

A reflection on time, change, and loss - and those 'moments of brightness' which can still enter and transform us from both above and within...
Words and Images by June Daniell (2mins.)





Our Daily Word Videos for May 2024
Use them throughout the month along with your Daily Word



Our subconscious thoughts and feelings

Years ago It was possible to smoke in restaurants. Then non-smokers started to complain about the smoke. So as a compromise the restaurants banned smoking inside and created a smoking area outside....

[Read more](#)
www.unityuk.org

I choose peace, no matter what.

Do you notice how busy your mind is? Reviewing, judging, appreciating or rejecting your experiences. Our minds never seem to stop; instead, they flit from pillar to post, distracting us and taking...

[Read more](#)
www.unityuk.org

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Thank you



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We love to share Unity with you. If you love what you receive and would like to donate, you support our ministry of prayer and education.

Each loving gifts helps us to continue to serve.

We thank you, we appreciate you and we behold the Christ in you.

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